



Agenzia Italiana per la Cooperazione allo Sviluppo

Ufficio di Gerusalemme

CUP H36G17000010001

CIG **7B11F1ED6D**

Gerusalemme, **22.06.2017**

PCDCR  
Gerusalemme

Cari/e Signori/e,

L'Agenzia Italiana per la Cooperazione allo Sviluppo (AICS), Ufficio di Gerusalemme, dopo averlo ritenuto congruo, ha accolto il preventivo e la proposta del 12 febbraio 2017 (allegati 1 e 2), che diventano parte integrante del contratto, presentati dalla vostra Organizzazione. Pertanto, vi viene richiesto di fornire i servizi descritti nello stesso preventivo all'Ufficio AICS di Gerusalemme, sito in Mujeer Eddin St. N. 2, Sheikh Jarrah, per un ammontare, IVA inclusa, pari a Euro 29.990,32 (euro ventinove mila novecentonovanta/trentadue).

I patti e le condizioni da osservare sono i seguenti:

1. L'Organizzazione si impegna a fornire il servizio sulla base degli allegati 1, 2 e 3;
2. L'Organizzazione accetta di provvedere a quanto suesposto e, con la somma in alto citata, si dichiara soddisfatta per il servizio prestato;
3. Nel caso in cui l'Organizzazione venga meno ai patti concordati ovvero alle norme legislative e regolamentari vigenti, AICS ha la facoltà di rescindere l'obbligazione mediante semplice lettera di cancellazione;
4. AICS, qualora accerti nell'Organizzazione incapacità ed evidente negligenza nell'esecuzione dell'impegno, può, a suo insindacabile giudizio, rescindere l'obbligazione ed esperire azioni per danni contro l'Organizzazione medesima, la quale sarà tenuta al pagamento dell'eventuale maggiore spesa che la Sede dovesse sostenere per



Italian Agency for Development Cooperation

Jerusalem Office

CUP H36G17000010001

CIG **7B11F1ED6D**

Jerusalem, **22.06.2017**

PCDCR  
Jerusalem

Dear Sirs/Madams,

The Italian Agency for Development Cooperation (AICS), Jerusalem Office, is pleased to inform you that it accepts the quotation and the proposal, dated 20 January 2017 (Annex 1 and 2), which are integral parts of the contract, submitted by your Organization. Therefore, it is requested to provide the services therein described to the AICS, located in Mujeer Eddin St. n. 2, Sheikh Jarrah – Jerusalem, for an amount, VAT included, of Euro 29.990,32 (Euro twenty-nine thousand nine hundred ninety/thirty-two only).

Terms and conditions of the service:

1. The Organization agrees to provide the service based on the Annexes 1, 2 and 3;
2. The Organization agrees to realize and carry out the abovementioned service and declares to be fully satisfied with the amount above specified;
3. In case the Organization does not comply with the Terms and Conditions contained herein, AICS can terminate the contract by a simple letter of termination;
4. AICS reserves itself the right, in case of obvious unwillingness, inability or negligence on the part of the Organization in complying with the terms of this contract, to cancel the order and to take legal action against the Organization that will be obliged to refund the price difference which AICS may pay in order to purchase the service from another organization;



acquisire la prestazione tramite un'altra organizzazione;

5. Il pagamento dell'importo verrà eseguito in un tre soluzioni:

- 2,999.03 euro dietro presentazione di rapporto narrativo sulla fase preparatoria e richiesta di pagamento;
- 8,997.09 euro al completamento della prima fase (sulla base dell'Allegato 3) e in seguito all'eventuale controllo amministrativo dell'AICS (vedasi Art. 6 in basso);
- 8,997.09 euro al completamento della seconda fase (sulla base dell'Allegato 3) e in seguito all'eventuale controllo amministrativo dell'AICS (vedasi Art. 6 in basso);
- 8,997.11 euro al completamento della terza fase (sulla base dell'Allegato 3) dietro presentazione del rapporto finale.

6. L'Amministrazione dell'Ufficio AICS può effettuare, entro 20 giorni dalla presentazione del rapporto relativo alla I e II fase, un controllo amministrativo presso l'Organizzazione per verificare i costi delle attività e le spese effettuate.

7. Ogni controversia fra le parti nell'interpretazione, realizzazione o risoluzione del presente Atto che non si possa definire con un tentativo di preliminare composizione amministrativa, sarà deferita ai fori locali.

8. L'Organizzazione assume tutti gli obblighi di tracciabilità dei flussi finanziari di cui all'art. 3 della Legge 13 agosto 2010 n. 136 e successive modifiche.

Copia della presente lettera dovrà essere restituita a questo Ufficio AICS datata e firmata per ricevuta e per accettazione incondizionata delle clausole e dei patti in essa contenuti

La Titolare  
Cristina Natoli



5. Payment of the service will be made in three tranches:

- 2,999.03 euro upon submission of a narrative report on the preparation stage and a request for payment;
- 8,997.09 euro at the completion of phase 1 (on the basis of Annex 3) following a possible administrative check by AICS (see Art. 6 below);
- 8,997.09 euro at the completion of phase 2 (on the basis of Annex 3) following a possible administrative check by AICS (see Art. 6 below);
- 8,997.11 euro at the completion of phase 3 (on the basis of Annex 3) upon submission of the final report.

6. The Administration of AICS Office could conduct an administrative check at the Organization, within 20 days from the submission of the report related to the first and second phase, to verify the costs of the activities and the expenses made.

7. Any controversy between the parties in the interpretation, realization or resolution of this Contract that may not be resolved through a preliminary administrative attempt, will be deferred to the local Courts.

8. The Organization shall comply with all the obligations on finance tracking as specified by Art. 3 of the Italian law no. 136 (13/08/2010) and subsequent amendments.

Please return a copy of this letter signed, stamped and dated to this AICS office, as receipt and unconditional acceptance of the Terms and Conditions.

Legal Representative PCDCR  
Ahmad Abu-Ayesh

22.6.2017





The Palestinian Center for Democracy and Conflict Resolution  
(PCDCR)



Concept Note

**Better Life for Women Victims of Violence**

2017

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## 1. **General Information:**

**The name of Organization:** The Palestinian Center for Democracy and Conflict Resolution-PCDCR

**Title:** Better Life for Women Victims of Violence.

**Location(s):** Nablus governorates and the surrounding areas especially the marginalized areas and "C" areas.

**Project period:** March,2017-Feb. 2018

**Budget:** 29,990.32 Euros

**Email:** [pr.pcdcr@gmail.com](mailto:pr.pcdcr@gmail.com)

**Tel. No:** 00970 9 2338287

**Point of contact:** Ahmad Abu Ayesh

**Address:** 6<sup>th</sup> floor, Alool Abu Salha Building, Nablus, West Bank

## 2. **Background about the Organization (PCDCR)**

The Palestinian Center for Democracy and Conflict Resolution (PCDCR) started its work in Palestine in 1998 after it was licensed as a private LTD nonprofit company in the Ministry of National Economy; its registration no.563124536. Now, the Center possesses a strong institutional base with a qualified staff as well as outreach to Gaza Strip and the West Bank. The headquarter is in Gaza, in addition to branches in Nablus, Khanyounis, and Hebron.

PCDCR is working for a democratic Palestine where citizens are mobilized and empowered to live in dignity and mutual respect under the rule of law, and where citizens and government fully assume their responsibilities to achieve justice, protection and development.

PCDCR invests in the democratic experience of Palestinians by supporting the development of an accountable governance system. The organization operates an integrated program of community mobilization and capacity building that enable citizens to build trust and confidence in their own abilities to resolve community issues, and thus to take an increasingly active and confident role in society. Free of any political affiliation, the PCDCR provides technical and other capacity building support to informal and formal decision-making bodies so that they can respond effectively and accountably to the demands of an increasingly aware and activist civil society.

Currently, PCDCR has developed a three-year strategic plan which results in an integrated program of democracy development. It maintain three main programs as the following:

1. Democracy, Human Rights and Good Governance Program.
2. Women Support and Empowerment Program.
3. Child Rights' and Protection Program.

The 3 programs to be executed are adopting the following 5 approaches:

1. Human rights-based approach( HRsBA)
2. Capacity Building Approach(CBA)
3. Awareness Raising Approach (ARA)
4. Service Delivery Approach (SDA)
5. Community Mobilization and Advocacy Approach (CMandAA)

### **3. Previous Experiences**

PCDCR has different experiences concerning woman empowerment and protection from different kinds of violence by providing psychosocial and legal services. In addition, to create a complementary work, PCDCR made relationships with different institutions that concern with women issues as indicated below:

#### **3.1 Previous Experiences in Relationships and Coordination:**

PCDCR handles many essential issues spread in Palestinian community through its projects such as the violence against women. Since this field has become one of the strategic goals of the center for more than 5 years. Through the center's projects; it is deemed one of the institutions that concerned with women issues. In addition, PCDCR is the first one which creates the family forum in West Bank; through which separated spouses see their children. Furthermore, PCDCR is one of those that contributed and supported with Supreme Judge Department Sharia' Court High Council in structuring Family Reformation and Counselling Department in the Family Courts in Palestine.

Within the last years, the center has created joint relationships with institutions in the field of supporting victimized women. It also exerted pressure upon decision makers in a high level to modify or change the current laws regarding victimized women. Since in the last period of time, the center has created good relationships with:

##### *- Courts and Police*

PCDCR has coordinated with Family (Shareai) courts and police departments which worked with women's affairs as well as the continuous observation of the seeing issues (Family Forum). In addition, PCDCR provided training for police staff in dealing with victimized women who seek help from police stations.

##### *- Ministries and governmental bodies*

PCDCR has coordinated with different ministries such as Ministry of Social Affairs, Ministry of Interior, and Ministry of Justice through a coalition for "Fulfilling of the Palestinian Women Rights Campaign" in 2011-2015.



- *CSOs*

The center has created joint cooperation with more than 100 CSOs by implementing many activities with them and establishing the advocacy campaigns.

- *Palestinian Universities:*

PCDCR has developed its relationship with local universities through receiving more than 100 university students in the field training and carrying out many workshops and meetings as well concerning women empowerment and protection from violence.

### **3.2 Previous Experiences in Related Projects:**

PCDCR has accumulated experiences regarding women issues such as women empowerment and protection from violence. Accordingly, PCDCR has implemented a number of projects concerning empowerment of women and protecting them from violence such as "Towards a Society Free of Violence against Women", "Empowering Women in Understanding Legislative Process and Increasing Capacity for Political Participation", "Woman Protection Team", and others. PCDCR aims at proceeding and persisting on the empowerment of women who are victims of violence throughout applying psychological, legal and social approaches, PCDCR implemented activities like project support committees, workshops, individual assistance services psychological support " toll free line – PCDCR offices – points of intervention", legal aid, family forum, media activities " web campaign – radio episode – newspaper – electronic newspaper – publications", advocacy campaign, conference, and training for leader women. The outcomes of working on women violence issues in Nablus are as the following: Throughout the project 405 workshops were targeted 8555 women, 1115 Point of intervention cases, 144 separated couples benefited from the family forum, 1039 cases legal counselling, 491 cases legal aid, 3700 cases received psychosocial aid. Finally, the advocacy activities will achieve the main objectives summarize on developing and monitoring the existing regulations that protect women from violence and putting them into action.

### **4. Problem Analysis:**

Conflict and dispute naturally happen among some spouses but what rejected is solving and settling these conflicts and dispute with violence against women. When the conflict leads to the separation between the two parties, there are many interests still pending among them and need to be resolved and settled. One of these important issues and interests are the children since other materialistic issues can be legally resolved and totally ended. However, the children problem is considered as a major issue due to the psychological and family aspects which will increase even if the solutions are legally implemented.

Accordingly, most of the conflicted or separated couples suffer from different negative impacts. Women who are in conflict with their husbands or separated ones have no ability to take their legal rights especially the rights of seeing their children in a safe place which

cause problems and psychological harm on the party of the women and the children. Thus, PCDCR tries to solve this problem by launching the family forum in which conflicted or separated parents are allowed to see their children in a homelike safe place.

Moreover, Some conflicted or separated spouses suffer from the inability for finding resolutions for their conflict and dispute that take into consideration the interests of all parties. Thus, one of the two parties may not take his/her legal rights. To solve this problem, PCDCR provides the conflict resolution through arbitration services by specialized arbitrators in cooperation with Family courts and under the Center's supervision.

In addition, the conflicted or separated women suffer from the psychological harm and impact that are resulted from the dispute especially the women who are deprived of seeing their children frequently in an appropriate place. PCDCR will establish points of intervention in different locations to provide a group psychological counselling for the women in need in their locations as well as the center will conduct an entertainment day for them and their children to improve their psychological status.

Finally, these problems and issues appear due to the lack of the knowledge of the people in general and women in particular concerning the rights during the conflict and separation period in regard to different issues as children, money, ..etc. To participate in enhancing their awareness and thus decreasing the number of such suits, PCDCR will implement a number of raising awareness media activities through which large number of people will be reached and in their locations and residence.

## **5. Target Groups:**

1. 182 women will be benefited from the project's activities as follows:
  - a. 20 from the family forum.
  - b. 40 from the arbitration service.
  - c. 98 from the points of intervention (PoIs) in different 7 locations; each PoI includes 2 groups of women; each group consists of 7 women.
  - d. 24 from the entertainment day (20 from the PCDCR's targeted women, and 4 from the Safe Shelter's targeted women).
  
2. 44 children will be benefited from the project's activities as follows:
  - a. 20 children from the family forum & they are the children of the women who are benefited from the family forum.
  - b. 24 children from the entertainment day and they will be the children of the targeted women (20 children of the women who are benefited from the family forum in PCDCR, and 4 children from the Safe Shelter's targeted women).

3. 10000 beneficiaries (at the minimum) from the audience who will be benefited from the awareness media activities as follows:

- a. 500 from the brochure.
- b. 500 (at the minimum) from the poster.
- c. 4500 (at the minimum) from the two radio episodes.
- d. 4500 (at the minimum) from the two television episodes.

## **6. Goal & Objectives:**

### **6.1 The Goal:**

Participation in reducing the impact of dispute between the separated and conflicted parties<sup>1</sup> (wife and husband).

### **6.2 Objectives:**

**Objective One: Empowerment of the separated women and conflicted women with their husbands regarding their legal rights of seeing their children in a safe place.**

#### **Outputs:**

1. A number of 20 women are benefited from the family forum services.
2. A number of 20 children (the targeted women's children) are benefited from the family forum services.

**Result:** The conflicted or separated women with their husbands are empowered concerning their legal rights of seeing their children frequently in a proper safe place.

#### **Justification of Intervention:**

Referring to PCDCR's experiences, it was obvious that the most complicated problems and conflicts concerning the spouses are the children since sometimes these disputes continue for long years without any successful results or solutions. Furthermore, in most of the cases, the conflicted or separated parents see their children in inappropriate places such as the corridors of the court, the streets, etc and in unsafe places as the children's relatives' houses who may kidnap or threaten him/her. To solve this problem, PCDCR has launched the family forum in coordination with Family Courts to allow separated spouses to see their children in the premises of the different Centre's branches according to a certain program on which they agreed upon. This service aims at:

- Providing a safe place for separated parties to see their children.

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<sup>1</sup> Conflicted parties refer to spouses' conflicts before divorce while separated parties refer to those who break up with each other.

- Alleviating the psychological harm on children which results from being visited in police stations
- Helping dispute parties (especially those separated) in resolving their conflicts.

This service had been dedicated years ago by PCDCR in WB to those women who are victims of psychological violence due to being deprived of seeing their children as a result of divorce or separated spouses. Usually, such suffer/harm is not viewed by local authorities and community as a serious matter which needs to be addressed on an equal basis with other forms of violence against women. Due to the discontinuity of this service, PCDCR is hoping to continue providing this service under this project.

**Activity:**

To achieve this objective successfully, the following activity will be implemented.

**Family Forum:**

PCDCR offers a private family 100-meter department for the family forum which consists of the following:

- A room for children seeing. It's a homelike room in order to provide the children and their parents with the cozy family atmosphere.
- A room for providing the arbitration services for the conflicted and separated parties.
- An office for the staff who will work on the family forum; namely, the project coordinator, the family forum facilitator, and the psychosocial specialist.
- A bathroom for the family forum's beneficiaries.

As part of creating a new, advanced, and effective way during the children seeing, PCDCR will purchase DVD and LCD in order to use them during the family forum. Specifically, children programs and cartoons will be showed for the children in order to increase the family atmosphere between them and their parents. Furthermore, PCDCR will offer refreshments for the children and their parents during the family forum period.

In addition, this family forum receives all the transferred suits from the Family Court in Nablus and Howwara regardless of the residence of the conflicted or separated parties.

The family forum service will be provided in coordination with Family Courts; hence, the period of the children seeing in the family forum is around 2-4 hours depending on the court's judgment. During the existence of the children seeing suits, PCDCR will keep in touch with the Family Courts by sending regular reports concerning the progress of such suits inside the center's premise.

The beneficiaries of the family forum are the separated parties, the conflicted parties, the children of both categories, and their families.

A family forum facilitator will be hired in order to manage the family forum files and dates.

**Objective Two: Offering chances for the conflicted or separated spouses to resolute their conflicts through the arbitration services in order to find objective solutions for both parties.**

**Output:** A number of 40 conflicted or separated women are provided with the arbitration services in PCDCR premise.

**Result:** Legal or consensual solutions are provided to the conflicted or separated spouses.

**Justification of Intervention:**

In some cases, the dispute developed and increased among the wife's and husband's families. To solve this problem, the Family Courts transfer such kind of suits to the arbitration under the PCDCR's supervision in its premise in order to find solutions that take into consideration all related parties' interests.

**Activity:**

Referring to PCDCR's well-versed experience in conflict resolution and women's empowerment and protection, it will participate in resolution the conflict between the conflicted spouses and sometimes the separated ones through providing the arbitration services as explained bellow:

**Conflict Resolution through Arbitration:**

PCDCR provides arbitration services for conflict issues between spouses in cooperation with the Family Courts. The arbitration sessions are held in the PCDCR's premise by specialized arbitrators under the supervision of the Center. PCDCR is hoping through this project to continue offering this service and to develop it.

The arbitration services provide resolutions for conflicts on different issues including seeing children issues, custody, and palimony and after separation issues such as dowry, golden jewelry, furniture, and other various problems.

The conflict resolution between spouses through arbitration services is expected to provide them with legal or consensual resolutions as an attempt to mitigate the impact of the injustice and oppression that are expected to be directed toward women as well as an attempt to find chances for reconciliation and rebuild the family especially for the conflicted but non-separated spouses.

To that end, the PCDCR offers an appropriate hall and fulfills all the requirements for the arbitration procedures as stationary, files, and proper atmosphere.

**Objective Three: Creating a good status of wellbeing for separated or conflicted women.**

**Outputs:**

1. 98 women are benefited for the group counselling in the 7 points of interventions.
2. 24 women (20 from PCDCR & 4 from the Safe Shelter) are benefited from the one entertainment day, which is organised to mitigate the psychological harm of the women and their children.
3. 24 children (20 children of the women who are benefited from the family forum service in PCDCR, & 4 children of the Safe Shelter's women) are benefited from the one entertainment day, which is organised to mitigate the psychological harm of the women and their children.

**Result:**

The wellbeing of the targeted women and their children is improved.

**Justification of Intervention:**

As the conflict and separation cause negative effects and psychological harm especially on the party of the women and the children, PCDCR will overcome this problem by establishing points of intervention for the women in their locations in which the psychological group counselling support will be provided, and holding one entertainment day for the women and their children. Women need support to abreact the psychological harm that is resulted from the problems and sometimes the deprivation of seeing their children as well as the children go through difficult situations in some cases.

**Activities:**

To achieve the intended specific objectives and outcomes which lead to attaining the overall objective of the project, the following activities will be implemented as explained below:

**1. Points of Intervention:**

The points of Intervention include targeting a group of women who have the same problem such as psychological, social, economic, or sexual violence in their locations. Trained psychosocial specialists will provide around 7-10 women having the same problem with the psychological assistant and therapy that are appropriate to them.

These points will be established in seven different locations and they aim at meeting the needs of a group of women with similar problem especially in the marginalized groups, mitigating victimized women sufferings, raising their awareness, and reaching them in their residence.

A total of 7 points of interventions (PsOI) will be established in seven different locations in Nablus governorates according to their necessity. Each POI will contain two groups of women. According to the professional therapy methods, each group should

include 7 women to provide them professionally with 4 (group counselling) sessions; each session is about 1-2 hours depending on women's need. These PsOI will be run by the trained psychosocial specialists. Thus, during the life of the project, 7 points of intervention will be established, 14 groups of women will be targeted, and a total of 98 women will be provided the group counselling.

The procedures that should be followed during the implementation of the group counselling in the of intervention are as indicated below:

1. The first Session:
  - a. Attendance.
  - b. Introducing the attendance to each other.
  - c. Electing a leader for the session from the attendance.
  - d. Expressing the problem and its circumstances by the participants.
2. The Second Session:
  - a. Continuing in expressing the problem causes and the factors that encourage its emergence.
  - b. To what extent individuals are affected by the continuity of the problem.
  - c. Problem's causes.
  - d. Asking the attendance to write about the problem; each from her perspective as a homework and bringing it in the next session.
3. The Third Session:
  - a. The discussion of the homework.
  - b. Each one should share her topic and perspective on the problem.
4. The Fourth Session:
  - a. Trying to resolve the problem from the group counseling members themselves (participants) and finding proper ways and methods for it.
  - b. Collecting all the solutions by the trained psychosocial specialist and reformulating them.

Noting that these steps and procedures are changeable in accordance with the nature of the problem that is being discussed.

## **2. Entertainment Day:**

This activity will participate in reducing the level of the psychological harm which affects the children and their mothers as a natural negative result of the dispute among the spouses particularly for the deprived women of seeing their children in the case of the separation between the spouses.

PCDCR will offer a **one**-entertainment day at the end of the project for the children and their mothers in which the center will take them for an outside trip as a chance to abreact and mitigate the psychological pressures that are resulting from the dispute with the other party.

Thus, PCDCR will invite 20 women who are benefited from the activities under this project and 20 children of the women who are benefited from the family forum to benefit from this activity.

Furthermore, PCDCR will cooperate with the Family Defence Society which is responsible of the Safe Shelter through inviting 4 women from the Safe Shelter who are received the psychosocial services and 4 of their children. Thus, 8 beneficiaries from the Safe Shelter will participate in the entertainment day.

Accordingly, 48 persons will be invited into this activity as follows; 24 women (20 from PCDCR's targeted women and 4 from the Safe Shelter), and 24 children (20 children of PCDCR's family forum's women, and 4 children of the Safe Shelter's women).

What is expected from this activity is participating in improving the wellbeing and the psychological status of the targeted groups.

**Objective Four: Raising people awareness particularly women regarding their rights during and after the separation period especially the rights of seeing and hosting the children.**

### **Outputs:**

1. 500 readers (especially women) are benefited from a brochure concerning the legal rights of seeing the children for separated/ conflicted parties.
2. Not less than 500 readers (especially women) are benefited from a poster concerning combating the violence against women.
3. Not less than 4500 listeners (especially women) are benefited from the 2 produced and broadcasted series of radio episodes through one local station regarding the separated and conflicted parties and their rights in seeing or hosting the children.
4. Not less than 4500 viewers (especially women) are benefited from the 2 produced and broadcasted TV episodes through one local station concerning the separated and conflicted spouses and the suggested solutions for resolution.



**Result:**

People's awareness especially women's on their rights of separation and children is increased.

**Justification of Intervention:**

People in general and women in particular suffer from lack of knowledge about the rights during or after the separation or conflict between spouses especially the rights in regard to children. Accordingly, PCDCR will increase their awareness regarding this matter by different media activities in order to reach the largest number of people as much as possible.

**Activities:**

To achieve the intended specific objectives, the following activities will be implemented under the project as explained below:

**Awareness Raising Media Activities:**

In this project, media publications will be used to reach the largest number of people in their locations in order to raise their awareness and improve their knowledge about the issues of separated or conflicted spouses, seeing children and other related legal rights. In addition, they will show the services which are provided by PCDCR such as the family forum and the arbitration. The media activities will include the following:

- a. **Brochures:** 500 copies of brochures will be printed and distributed.
- b. **Posters:** 500 copies of posters will be printed and distributed on the conflicted and separated parties.
- c. **2 Radio episodes:** 2 series of radio episodes will be produced and broadcasted through one local station. These series aim at raising people awareness regarding the separated and conflicted parties and their rights in seeing or hosting the children.
- d. **2 TV episodes:** 2 TV episodes will be produced and broadcasted through one local station focusing on the theme of conflict resolution between separated and conflicted spouses.

**7. Staffing:**

The project team will be established and hired as follows:

- 1) Part-time Project manager (10%)
- 2) Part time Administrative and Financial Assistant (10%)
- 3) Full-time Project Coordinator (100%)
- 4) Family Forum Facilitator (contracting)

## Action Plan of the Project

**Project's Name:** Better Life for Women Victims of Violence  
**Project period:** March, 2017-Feb. 2018  
**Budget:** 29,990.32 Euros

#	Activities	Description	Time Frame	Location	Beneficiaries	Responsible
1	Preparation stage	The staff will be hired and the CBOs will be contacted in order to carry out the activities in the following months.	March 1, 2017 - March 30, 2017	PCDCR	-	The Manager
2	Family forum services	It offers an appropriate, safe place for the separated or conflicted spouses to see their children in PCDCR in cooperation with the Family Courts according to a certain schedule.	April 2, 2017 - Jan. 31, 2018	PCDCR Premise	20 women- 20 children	Family Forum Facilitator
3	Arbitration services	It offers a chance for the separated or conflicted spouses to settle their conflicts on different matters by professional arbitrators under the supervision of PCDCR.	April 2, 2017 - Jan. 31, 2018	PCDCR	40 women	Project Coordinator (PC)
4	Points of intervention	It provides a group of women who are in need & have a similar problem with the psychological group counselling in their locations. Seven different locations will be targeted.	April 2, 2017 - Jan. 31, 2018	Seven different locations in Nablus governorates	98 women	Trained Educators, PC

#	Activities	Description	Time Frame	Location	Beneficiaries	Responsible
5	Entertainment day	The PCDCR will take the targeted women and their children outside the center for a trip to abreact the psychological harm that is directed to them due to the conflicts.	Jan. 1, 2018 - Jan. 31, 2018	Resort or something similar outside PCDCR	48 participants (20 women from PCDCR's targets, 20 children of the women who are benefited from the family forum, 4 women from the Safe Shelter, & 4 children of the Safe Shelter's women)	The Manager, Project Coordinator, & Family Forum Facilitator
6	Brochures	500 copies of a brochure will be printed and distributed concerning the legal rights of seeing the children for separated/ conflicted parties.	April2, 2017 - May 31, 2017	Nablus	500 readers	Project Coordinator
7	Posters	500 copies of a poster will be printed and distributed concerning combating the violence against women.	April2, 2017 - May 31, 2017	Nablus	500 readers (at the minimum)	Project Coordinator

#	Activities	Description	Time Frame	Location	Beneficiaries	Responsible
8	Radio episodes	2 series of radio episodes will be produced and broadcasted through one of the local stations regarding the separated and conflicted parties and their rights in seeing or hosting the children.	July 2, 2017 - August 31, 2017	Nablus	Not less than 4500 listeners	The Manager, & Project Coordinator
9	TV episodes	2 TV episodes will be produced and broadcasted through one local station concerning the separated and conflicted spouses and the suggested solutions for resolution.	Sept. 3, 2017- Oct. 31, 2017	Nablus	Not less than 4500 viewers	The Manager, & Project Coordinator
10	Close of the project	Preparing the final reports and all related documents to close the project.	Feb. 1, 2018 - Feb. 28, 2018	PCDCR	-	The Manager, Project Coordinator, & Family Forum Facilitator

## ANNEX 2

## The Palestinian Center for Democracy &amp; Conflict Resolution

## Better Life for Women Victims of Violence Project Budget

Budget for the Palestinian Center for Democracy & Conflict Resolution	Year			
	Unit Type	# of units	By Month / €	Total Year / €
<b>1. Personnel</b>				
1.1 Project Manager ( 10%) (€ 1923 X12 months x 10%)	Per month	12	192	2,304.00
1.2 Project Coordinators(€ 625x1personsx12 months)	Per month	12	625	7,500.00
1.3 Administrative Assistant & accountant(10%) € 865X 12 months x 10% )	Per month	12	86.5	1,038.00
<b>Subtotal Human Resources</b>			<b>903.5</b>	<b>10,842.00</b>
<b>2. Benefits</b>				
2.1 Project Manager (10%) (€ 1923X 12 months x 10%)	Per month	12	35.26	423.06
2.2 Project Coordinators ( € 625x1personsx12 months)	Per month	12	52.08	624.96
2.4 Administrative Assistant & accountant(10%) € 865 X 12 months x 10%	Per month	12	15.86	190.30
<b>Subtotal Benefit</b>			<b>103.193</b>	<b>1,238.32</b>
<b>3. Travel</b>				
3.1 Transportation Staff 3 Person ( 12 month x50 €)	Per month	12	50	600.00
3.1 Stationary for Project Staff ( 12 Month x50 €)	Per month	12	50	600.00
<b>Sub total Travel</b>			<b>100</b>	<b>1,200.00</b>
<b>4. INDIRECT Cost Operational Costs</b>				
4.1 Offices Rent (€ 632x30%)	Per Month	12	190	2,280.00
4.2 Utilities (€ 100 x12 Month x70% )	Per Month	12	70	840.00
4.3 Communication (€ 100x 12 Month x 50% )	Per Month	12	50	600.00
<b>Subtotal INDIRECT Cost</b>				<b>3,720.00</b>
<b>5. Project Activities Expenses</b>				
<b>5.1 Family Forum</b>				
5.1.1 Fees for Family Forum	Per Month	10	250	2,500.00
5.1.3 Gift for Birthday Children (€ 10 x 1 Child x 12 Month)	Per Month	12	10	120.00
5.1.4 Family Forum Material and Recreational for children	Per Month	12	75	900.00
5.1.5 T.V + DVD	Per Unit	1	700	700.00
sub total				4,220.00
<b>5.2 Media Activities</b>				
5.2.1 Brouchor copies + design (€ 1.4 x 500 copies)	Per copy	500	1.4	700.00
5.2.2 Poster for Project (€ 0.9 x 500 copies)	Per copy	500	0.9	450.00
5.2.3 Producing & Broadcasting Radio Episodes	Per Episodes	2	300	600.00
5.2.4 Producing & Broadcasting T.V Episodes	Per Episodes	2	500	1,000.00
sub total				2,750.00
<b>5.3 Points of Intervention</b>				
5.3.1 Fees for points of intervention (€ 25 x 7 locations x 2 groups X4 sessions)	Per Session	56	25	1,400.00
5.3.2 Hall Rent (€ 40 x7 points X 2Gr oup X 4 Session )	Per Session	56	40	2,240.00
5.3.3 Stationary (€ 30 x 56 Session)	Per Session	56	30	1,680.00
sub total				5,320.00
<b>5.4 Open Day</b>				
5.4.1 Transportation for Mother & Children / Bus	Per Bus	1	350	350.00
5.4.2 Hall rent & entries' fees in Resort	Per Day	1	350	350.00
sub total				700.00
<b>Subtotal Project Activities Expenses</b>				<b>12,990.00</b>
<b>Total Grand</b>				<b>29,990.32</b>

Table 1. Summary of the study design and data collection

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Study Design	Data Collection
Phase 1: Baseline	Demographic information, Physical activity levels, Health status
Phase 2: Intervention	Physical activity levels, Health status, Quality of life
Phase 3: Follow-up	Physical activity levels, Health status, Quality of life
Phase 4: Post-intervention	Physical activity levels, Health status, Quality of life



Italian Development Cooperation Agency  
Jerusalem Office

Annex 3

**ACTION PLAN FOR SERVICE CONTRACT FOR TRAINING SERVICES FOR  
PCDCR**

Phase	Phase Starting date-Ending date	Description of the service	Payment in Euro	Payment date
-	-	<i>To submit to the Italian Agency for Development Cooperation/IRADA a narrative report on the preparation stage and a request for payment.</i>	2,999.03	Upon submission of a narrative report on the preparation stage
Phase 1	3 months after the signature of the contract	- To provide family forum services for separated or conflicted spouses to see their children <i>To submit to the Italian Agency for Development Cooperation/IRADA an activity report and request of payment.</i>	8,997.09	After submission of an activity report
Phase 2	6 months after the signature of the contract	- To provide conflicted or separated women with the arbitration services <i>To submit to the Italian Agency for Development Cooperation/IRADA a mid-term report on the activities and request of payment.</i>	8,997.09	After submission of a mid-term narrative report
Phase 3	Within 12 months after the signature of the contract	- To print and distribute 500 copies of a brochure concerning the legal rights of seeing children for separated/ conflicted parties <i>To submit to the Italian Agency for Development Cooperation/IRADA a final narrative and financial report.</i>	8,997.11	After submission of the final narrative and financial report

22.6.2017



